

Saturday 27th August 2022

14.00: Accent Method the theoretical background

15.30 – 15.45 Comfort break

15.45 - 17.00: Accent method evidence base

Questions can be addressed as we go

Tuesday 30th August, 2022

9.30 **Registration with Tea / Coffee**

10.00 – 13.00 Demonstration of Accent method by Presenters
Assessment of current delegate breathing / Speech patterns and discussion of any problems/observations
Setting up – floor work developing abdominal breathing and introduction of fricatives
Moving work to sitting – posture and use of elastic recoil
Introduction of abdominal muscles
Application of abdominal muscle control into largo tempo
Moving work to standing
Discussion of work and any difficulties

11.30 – 11.50 **Comfort break**

13.00 – 14.00 **Lunch**

14.00 – 17.00 Revision of morning work.
Helping clients develop through hands on monitoring
Introduction of gesture and body movements
Largo tempo in movement around the room
Introduction to andante and allegro tempos
Application of early Accent Method into speech

Discussion and dealing with questions and problems

15.15 – 15.30 Coffee break

17.00 Finish

Wednesday 31st August

9.30 – 13.00 Revision of previous days work / questions
Introduction of vowels into the different tempos
Drumming practice
Further application to Speech

11.00 – 11.30 Comfort break

13.00 – 14.00 Lunch

14.00 – 16.30 Recap of mornings work
Application to singers
Trouble shooting clients
Discussion and questions

15.15 – 15.30 Coffee break

17.00 Finish