

Sara Harris – CV

Sara Harris is a voice specialist Speech and Language Therapist. She first qualified as a Speech and Language Therapist in 1971 and specialised in voice disorders in 1978 when she took on the role of developing the voice service at the Radcliffe Infirmary in Oxford. In 1982 she began working with Tom Harris, ENT Registrar, and together they developed the Oxford Voice Clinic. When Tom Harris became Consultant Otolaryngologist at the Lewisham University Hospital Sara took on a voice specialist post at Queen Mary's Hospital in Sidcup and they started the Sidcup Voice Clinic. In 1988 Osteopath Jacob Lieberman joined the Sidcup Voice Clinic team and in 1990 opera singer Dinah Harris joined the clinic as Singing Rehabilitation Coach. Linda Hutchison joined the team in the early 1990's and stood in for Dinah whenever she was unable to attend the clinic. The Sidcup Voice Clinic ran from 1987 until 2009 when it moved to University Hospital Lewisham where it continues today under the care of Consultant Laryngologists Tony Aymat and Nick Gibbins and Voice Specialist SLT, Rehab Awad.

Sara was first introduced to Accent Method in 1985 by Swedish Speech Therapists Ingrid Righeimer and Bibi Fex . Sara spent a week in Sweden in 1986 with Bibi observing her work and learning Accent Method and a further week in 1993 studying with Kirsten Thyme Frokjaer in Denmark. Both Kirsten and Bibi were students of Svend Smith and learned Accent Method directly from him in the 1960's. Kirsten Thyme Frokjaer published the definitive text on Accent Method (*The Accent Method – a rational voice therapy in theory and practice*) in 2001. The second edition was published in 2021. Sara now has 35 years of experience using Accent Method to treat patients and teaching it to Speech and Language Therapists in the UK and abroad.

Sara was one of the co-founders of the Voice Research Society (now the British Voice Association) in 1985 and was also an editor for the first edition of *The Voice Clinic Handbook* (1998). She has contributed a number of book chapters and research articles to various text books and Journals in voice. She was made a Fellow of the Royal College of Speech and Language Therapists in 2007 and is a Past President of the British Voice Association.

Sara and Tom Harris retired from working in the National Health Service in 2010, however Sara was asked to return to the voice clinic in 2012 and she continued to work with Laryngologist Nick Gibbins until her final retirement in

2019. She continues to teach occasionally and is clinical supervisor for a small number of colleagues.